



Jasper Fitness & Aquatic Centre

2019 Swimming Lessons July - August



Monday to Thursday

July 8 - July 18

Preschool 2 @ 08:45 – 09:15
Preschool 3 @ 09:20 – 09:50
Swimmer 3/4 @ 09:55 – 10:40
Swimmer 2 @ 10:45 – 11:15
Preschool 4/5 @ 11:20 – 11:50
Preschool 1 @ 11:55 – 12:25

July 22 - August 1

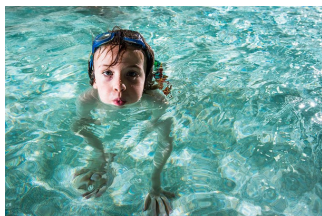
Parent & Tot @ 08:45 – 09:15
Swimmer 1 @ 09:20 – 09:50
Swimmer 5/6 @ 09:55 – 10:40
Bronze Med @ 10:45 – 12:45

August 6 - August 15

Preschool 2 @ 08:45 – 09:15
Preschool 3 @ 09:20 – 09:50
Swimmer 3/4 @ 09:55 – 10:40
Swimmer 2 @ 10:45 – 11:15
Preschool 4/5 @ 11:20 – 11:50
Swimmer 1 @ 11:55 – 12:25

August 19 - August 29

Preschool 1 @ 08:45 – 09:15
Preschool 3 @ 09:20 – 09:50
Swimmer 5/6 @ 09:55 – 10:40
R/R/S Patrol @ 10:45 – 11:45
Parent & Tot @ 11:50 – 12:25



Saturday & Sunday

July 6 - July 28

Parent & Tot @ 09:30 – 10:00
Preschool 3 @ 10:05 – 10:35
Swimmer 3 @ 10:40 – 11:25
Swimmer 5/6 @ 11:30 – 12:15

August 10 - August 25

Parent & Tot @ 09:30 – 10:00
Preschool 4/5 @ 10:05 – 10:35
Swimmer 4 @ 10:40 – 11:25
Swimmer 3 @ 11:30 – 12:15

Bocce Ball!

Available to sign out at the front desk!



All Ages & Skill Levels Welcome!

2 sand courts, bleachers & 2 volleyballs available at front desk to sign out. Courts are open during Fitness Centre hours.

For more information including schedule changes & events join these Facebook Pages:

- "Jasper Fitness & Aquatic Centre"
- "Jasper Red Fins Summer Swim Club"
- "Jasper Volleyball League"

SWIM FOR LIFE LESSONS

For preschool and school-aged children

The Canadian Lifesaving Society Swim for Life program focuses on basic survival skills and fun from day one!

Swim for Life starts by developing strong foundational skills and essential personal self-rescue skills, then continues on by challenging swimmers to develop good swimming strokes.

Please arrive 5 minutes prior to your child's lesson.

Ensure your child is showered.

If in Swimmer 2 or under, assist them into their lifejackets.



Did You Know...

Teaching a new skill in a life-jacket allows your child to be in "learner mode" NOT "survival mode". This will ensure success and mastery in that skill.

Having your child's birthday party during public swim times?

Please let the front desk know the date and number of people so we can ensure to have space for you to avoid disappointment.

Private rentals available upon request.



We offer SwimAbilities!

This is geared for children ages 3 to 16, with special needs, who need additional support to achieve their beginning swimmer goals and to increase their safety, independence, and enjoyment in and around the water.



Private & semi-private lessons are available on request (time permitting).

Please call Jo-Ann at 780-852-3663,

or email aquatic@town.jasper.ab.ca to check for availability.

Payment required at time of booking.