

# First Aid /CPR & AED

---



Are you First Aid Trained? Are your co-workers?

**Managers...** get your staff trained. Empower them to know what to do in an Emergency Situation.

## **Standard First Aid/CPRC and AED –**

Recertification – 9am-3pm

Feb 1 2019 – Emergency Services Building

March 10 2019 – Emergency Services Building

April 12 2019 – Emergency Services Building

Full Course – 9am-5pm

Feb 2&3 2019- Emergency Services Building

April 13&14 2019- Emergency Services Building

Call the Jasper Fitness & Aquatic Centre Front Desk at: 780-852-3663  
Or email us at: [aquatic@town.jasper.ab.ca](mailto:aquatic@town.jasper.ab.ca)

Almost 500 Canadians die every year in water-related incidents. Most of these are preventable and occur in unsupervised settings, which is why more Canadians need lifesaving skills to save themselves or others in an aquatic emergency.

First aid is a valuable life skill that is applicable in any environment. It provides people with the rescue skills to manage illness or injuries while accessing emergency services. First aid training also has an injury prevention role. Research has shown that individuals with first aid training are less likely to become injured. First aid training from the Lifesaving Society is a continuation of the Society's efforts to provide Canadians with the education to prevent injury incidents and provide appropriate rescue responses if an injury occurs.

The Lifesaving Society's First Aid training programs are approved by the Director of Medical Services. Our courses are delivered in accordance with the regulatory requirements for first aid in workplaces, as set by the Alberta government.