

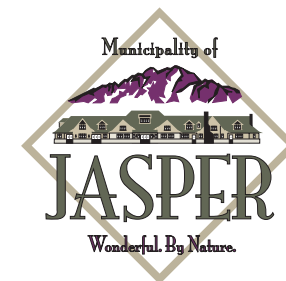
JASPER FITNESS AND AQUATIC CENTRE

305 Bonhomme Street, Jasper, AB
780-852-3663

aquatic@town.jasper.ab.ca; fitness@town.jasper.ab.ca
www.jasper-alberta.com

Inspiring Community Wellness

SCHEDULE – SPRING 2011



FITNESS CENTRE	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weight room, cardio & stretch areas, indoor climbing wall	9:00 A.M. to 10:00 P.M.	7:00 A.M. to 10:00 P.M. Monday to Friday					9:00 A.M. to 10:00 P.M.

AQUATIC CENTRE	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Bird Lane/Parent & Tot <i>6 swim lanes, hot tub, steam room, full wade pool access</i>		7:00 to 9:00 A.M. Monday to Friday					
Mid-morning Family/Lane Swim <i>2 swim lanes, hot tub, steam room, partial main and wade pool access</i>		9:30 to 11:30 A.M. Everyday					
Noon Lane/Parent & Tot <i>6 swim lanes, hot tub, steam room, full wade pool access</i>		12:00 to 2:00 P.M. Everyday					
Afternoon Delight Family/Lane Swim <i>2 swim lanes, hot tub, steam room, partial main and wade pool access</i>		4:00 to 6:00 P.M. Monday to Thursday					
PUBLIC SWIM <i>1 swim lane, hot tub, steam room, waterslide, diving board, full main and wade pool access</i>	2:30 to 8:30 P.M.	6:30 to 8:30 P.M. Monday to Thursday				5:00 to 8:30 P.M.	2:30 to 8:30 P.M.
Evening Lane Swim <i>6 swim lanes, hot tub, steam room, full wade pool access</i>	8:30 to 9:30 P.M. Everyday						