



An update from the teachers...

The Buttercups are developing many forms of communication: from pointing to screaming, babbling to uttering few words and different gestures that convey messages or needs. We encourage these forms of communication and provide the Buttercups with opportunities to learn sign language and new words. Signing and saying "More", "All done" and "Eat" are great ways to show children how to communicate appropriately. Labelling is also a great way to get children talking. They have a whole big world around them and they want to know what's in it.

What did we learn last month:

- Some children learned how to crawl and stand and are now taking full advantage of every opportunity to get up and moving.
- The Buttercups learned that they can interact with their friends over the fence by throwing or rolling balls back and forth.
- The children have taken an interest in balls: rolling, throwing and sometimes watching them disappear when they drop behind their heads.
- Blocks were all around us in August and the children discovered how to stack them, throw them, chew them and make them go TIMBER.
- Some of the children have learned to stand on their own and often demonstrate how strong their legs are by slowly lowering down onto their bums.
- The Buttercups also learned how to vibrate their lips together while playing with cars and how to say "Roar" when playing with animals.

Special moments in August:

- The children's singing and clapping during afternoon snack.
- The Buttercup's morning and afternoon walks are a time for new discoveries. The children are thrilled when a police car blinks its lights, trucks and cars pass by and puppies stop to say hi.
- The push cars in the gym and outside are a hit. The children use them to walk around—a new concept for some. Practice makes perfect
- Even the mirror is a hit. One child was somewhat amazed at his reflection and started making funny faces that made us all laugh.

The Buttercup Teachers | **Courtney and Andrea** | 780-852-6519

Packing Checklist:

- Weather specific outdoor clothing (rain boots, rain jacket, sun hat, sweater)
- Outdoor footwear
- Indoor footwear
- An extra set of clothes
- A nut-free lunch & snacks
- Water bottle
- **Bathing suit and towel**

Reminders:

- **LABELS:** Please label everything. Need new labels? go to campaigns.mabelslabels.com and select the 'Friends of Jasper Childcare' to support the centre.
- **SUPPLIES:** Please ensure your child's bin has enough supplies.
- **ALLERGIES:** We are a peanut and tree-nut free centre. Items that "may contain nuts" will not be served.
- **PICK UP & DROP OFF:** Connect with your child's teacher at pick up and drop off before you leave.

Special Dates:

- September 4th – CLOSED



mabel's labels

Labels for the stuff kids lose!

100% Satisfaction Guaranteed
LABELS FOR EVERYDAY NEEDS

Please label all of your child's stuff, from their water bottles to their hats and clothes.

To order Mabel's Labels, visit campaigns.mabelslabels.com & select Friends of Jasper Childcare



Lisa Daniel

Childcare Services Manager
Municipality of Jasper
780-852-6517
ldaniel@town.jasper.ab.ca



Children learn to eat by watching you!

Children learn how and what to eat by watching you!

The eating habits you role model to them in the early years can form a pattern that lasts their lifetime.

Let them see you eating a variety of healthy foods.

Help them learn healthy habits now and for life:

- Eat together.
- Keep mealtimes pleasant and relaxed.
- Focus on the meal and each other.
- Turn off the TV and put aside toys, phones and electronics while eating.
- Eat meals and snacks at about the same time each day.
- Offer only water between meals and snacks.
- Enjoy many kinds of foods. Try new foods together.



***Children learn by watching you.
Eat well and they will learn to eat well too!***



Eat together!

Enjoy each other's company while sharing meals together. Meal time is a chance to help children learn to make good choices about what and how much to eat. It's also a chance to slow down, relax and connect with one another.

Children learn by doing.

Encourage everyone to help prepare, serve and clean up. Give small children small jobs to do like washing vegetables, mixing food or putting dishes away.

Enjoy each other's company and the meal.

Turn off the TV and put phones and electronics away. Make mealtimes pleasant and relaxed for everyone. Enjoy talking with each other.



Let children make choices.

Set a table with healthy foods and let everyone pick which foods to put on their plate and how much to eat from the choices provided.

*Cook Together
Eat Together
Talk Together*