

REOPENING FACT SHEET

FITNESS CENTRE & BOULDERING WALL



We are pleased to welcome users back to the Jasper Fitness Centre and Bouldering Wall. Things look and operate quite differently under the current health restrictions; please take a minute to review the following information and ensure a safe and pleasant visit.

Visit our [new online booking platform](#) to book your time at the Fitness Centre or Bouldering Wall. You can book up to four days in advance (bookings become available at midnight). You can also book by calling the Fitness and Aquatic Centre at 780-852-3663.

COVID SAFETY MEASURES

- **Masks are required by all users at all times, including during your workout or bouldering session.**
- **A maximum of 6 users are permitted in the gym at one time.**
- **All bookings must be made in advance online or by phone, up to 4 days in advance.**
- **Only low intensity workouts are permitted.**

FITNESS EQUIPMENT AVAILABLE

- Cardio equipment: 1 recumbent bike, 1 Arc Trainer, 1 elliptical, 2 treadmills (max 6 km/h)
- Dumbbells up to 25 lbs, barbell up to 50 lbs
- Kettle bells; medicine, bosu and stability balls

Pathways on the floor will lead you to the equipment available. Patrons must use the designated workout stations located in the stretching room and in the common area.

BOULDERING WALL BOOKINGS

- Climbers can reserve the bouldering wall for a one-hour session with members of their household only.
- The cost of the booking is on a per-person basis (drop-in or membership).

MEMBERSHIPS

- Users with memberships on hold can reactivate them, or pay a drop-in fee instead.
- Your membership will not get reactivated until you ask our staff to do so.
- New memberships are available for purchase.
- Refunds during the pandemic are available upon request.